

TABLE TALK GUIDE FOR FAMILIES

YOUR QUICK-START GUIDE TO INTENTIONAL, MEANINGFUL
CONVERSATIONS IN YOUR EVERYDAY FAMILY LIFE



Christ Fellowship

Table Talk Guide for Families

Who? You and those in your home or closest to you.

What? Intentional, structured, meaningful conversations around God's Word and living as a Christ-follower.

Through discussion and prayer, together, you would:

- Deepen your relationship of mutual trust.
- Grow in being real & truthful with each other.
- Grow in Biblical knowledge.
- Inspire one another to "love and good deeds" ([Hebrews 10:24](#))

When? Daily at Breakfast, Dinner, car rides, etc.

Why? Jesus calls us to make disciples (fully devoted followers of Christ) ([Matthew 28:18-20](#)). All ministry begins at home with those closest to us.

So that: We grow in Christlikeness as a disciple and disciple-maker.

How? Use this Table Talk Guide for Families, and explore the suggested resources from below.

Suggested Resources:

- [Parent Cue](#)
- [The 7 Big Questions](#) by Bruce Miller (apologetics)
- [What Does God Want?](#) by Michael Heiser (New Believer)
- [Discovery Series](#) from CCBT (Doctrines)
- [Engage God Daily](#) (short, daily, Bible study)
- [Faithlife Study Bible](#) (Bible with study notes)
- [The Bible Project](#) (studies/themes/topics)
- [Bible App](#) (reading plans; video teaching)
- [Biblia Online](#) (free Bibles and study tools)
- [Pastors Pregame podcast](#) (prepare for Sunday's sermon)
- [Discipleship Pathways](#) (Christ Fellowship guided discipleship)

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Breakfast, Dinner, or Travel Ideas for Meaningful Conversations
(pick one question from each category below each day)

1 Catch-up.

- Did anything make you feel happy today?
- Did anything make you feel sad today?
- Tell me about one thing you did today that made you feel proud (and why).
- Who made you laugh today?
- Who did you play with?
- How did someone show God's love to you today?
- Share something you're anxious about or worried about.
- Share what you're asking God for today.

2 Get in the Word.

- Read a verse from [Proverbs](#), or a [Psalm](#) out loud and discuss it.
- Read a Paragraph from the [N.T.](#) and talk about it.
- Share a verse you've memorized.
- Share a Bible teaching that's encouraging, challenging, or impacting you.
- What's a verse, message, or worship song that's stuck in your head?
- How did God's Word speak to you today?
- Is there a passage that causes you to question the Bible/God?

3 Ask the hard questions.

- How's your relationship with God?
 - ◆ What's pulling you away from God right now?
 - ◆ What's pushing you toward God right now?
 - ◆ What are you doing to draw close to Christ?
 - ◆ What's your next step to follow Christ more?
- How's your relationship with others?
 - ◆ How are you showing God's love to someone?
 - ◆ How are you living out the fruit of the Spirit ([Gal 5:22](#))?
 - ◆ Who do you need to forgive? Why?
 - ◆ How are you making new friends?
 - ◆ How are you showing others that you are a Christ follower?
 - ◆ Share a meaningful conversation where someone experienced Christ through you.

4 Pray over what you've talked about.